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CONTACT LENS CARE AND HANDLING INSTRUCTIONS

Your contact lenses are medical devices with a limited useful life span. Proper care is necessary for successful wear and good eye health. You will be provided with products to store, clean, and disinfect your lenses.

Please follow these instructions carefully.

Your lenses must be replaced every: _____

Your solution for soft lenses is: OPTIFREE COMPLETE

Your solution for hard lenses: OPTIMUM/LOBOB Addipak

In the beginning it is normal if...

1. Your eyes feel itchy or funny
2. One lens is more noticeable than the other
3. Your vision seems fuzzier than with glasses
4. One eye sees better than the other
5. You have trouble handling your lenses

Remove your lenses immediately if...

1. You develop unusual pain or redness
2. You develop unusually foggy/cloudy vision
3. You experience a decrease in vision that does not clear
4. You suspect something is wrong

WEARING SCHEDULE

SOFT LENSES

- Day 1 - 4 hours
- Day 2 - 6 hours
- Day 3 - 8 hours
- Day 4 - 10 hours

Try not to go over more than 10 hours of wear

HARD LENSES

- Day 1 - 4 hours
- Day 2 - 5 hours
- Day 3 - 6 hours
- Day 4 - 8 hours

Try not to go over more than 8 hours of wear

Office Hours
Monday 9 - 5
Tuesday 11 - 7
Wednesday 9 - 3
Thursday 9 - 5
Friday 9 - 4