

Insertion

Position your head parallel with the countertop or table and look straight down.

To apply your scleral lens, you will need to separate your eyelids in order to position the lens on the eye.



This can be accomplished by using the index finger of your free hand to pull up your upper lid, while using your middle finger to pull your bottom lid down.



Slowly move the lens toward the eye. Gently apply the lens directly on the eye and over your pupil.

Once the lens is on the eye, a light squeeze of the tapered handle will release the lens from the DMV Scleral Cup. Release the lids and blink several times to clear the excess fluid.



The lens will automatically center. Wash the DMV Scleral Cup frequently in warm soapy water and let air dry.

Removing Your Scleral Lens



Make sure you have a clean lens storage case, a clean towel and your prescribed lens care solution.



Helpful Tips:



Looking at the mirror, take the index finger and press with the lower lid into the white of the eye, just below the lens.



When the suction is broken, a bubble will be present under the lens.

This lens is now ready to be removed with the DMV 45.

Removing Your Scleral Lens With The DMV® 45™

The DMV 45 has a 45-degree angle which keeps the fingers out of the line of sight while removing the scleral lens.



Removal

Looking in the mirror, pull your lower lid away from your cornea to expose the lower edge of the lens.



Hold the handle of the DMV 45 and carefully place the device on the lower edge of the scleral lens.



Once the DMV 45 is adhered to the scleral lens, gently pull the lens away from the eye.

With the lens resting on the DMV 45, gently move the lens off the device using your thumb and index finger.



Follow your practitioner's lens cleaning instructions once the lens is removed. Place your lens in the correct side of the contact lens case and repeat the removal instructions for your other eye. Wash the DMV 45 frequently in warm soapy water and let air dry.



Proper Lens Care for Your Scleral Lenses

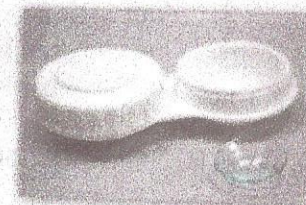


Your eye care practitioner will review the proper lens care solution for cleaning, rinsing and disinfecting your scleral contact lenses.

Refer to the lens care package insert, or call your eye care practitioner with questions regarding the proper care of your scleral lenses.

What Should I Do If I Lose or Break My Scleral Lens?

Having a backup scleral lens will eliminate any unforeseen circumstances by losing or breaking a lens. More importantly, your vision will be uninterrupted.



Talk to your eye care practitioner about the importance of having a backup or spare set of scleral lenses.

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